



ARMY PUBLIC SCHOOL MIRAN SAHIB



DAY AND DATE: TUESDAY, 20 MAY 2025

ADOLESCENT LEADERSHIP PROGRAM ORGANISED IN COLLABORATION WITH ADORE FOUNDATION

RESOURCE PERSON: : Ms. Gayathri Ranganathan

The 5th session focused on the theme "**Vision for Improvement**", aiming to empower students from Classes 6 to 8 with the mindset and tools necessary for self-growth and positive change in their surroundings.

Key Highlights

1. The resource person, Ms. Gayathri Ranganathan, engaged the students through interactive discussions, thought-provoking questions, and real-life examples sand emphasized the importance of setting personal goals, identifying areas for improvement, and taking initiative at a young age.
2. The session also included short activities to help students reflect on their current habits and how small changes can lead to significant improvements over time and students participated enthusiastically and shared their own ideas for improving themselves, their schools, and their communities.
3. The session concluded with a motivational message encouraging the young participants to become agents of change by cultivating a clear and purposeful vision.

Overall, the session was highly informative and inspiring, leaving a lasting impact on the participants.

